



## My Shadow



This is an illustrated version of the poem in which a child describes her relationship with her shadow. The episode examines the interplay of light and shadows—how they work, where they come from, and how they create such beautiful imagery together. LeVar shows how light and shadow can be used to tell the time, meets a shadow artist who creates shadow puppets, and visits a photographer who tells about her work.



**Here are several activities you and your child can do together after watching this episode.**

### Snowfall Silhouettes

Simple, snowy silhouettes have a wonderful shadowy effect.

You will need:

- black construction paper
- white art paper
- glue

Directions:

Tear white paper into various shapes to create winter scenes. Glue the torn shapes onto the black construction paper. Bits of torn paper glued to the background of the scene gives the illusion of falling snow.

Option:

Sometimes students would rather create a torn picture that is all one object but created from the torn paper with a little space between each piece. It gives quite a shadowed effect.

### Shadow Tag

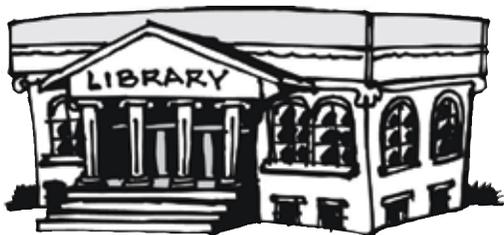
Tag, you're it! Play a variation of the popular game of tag on the next sunny day. In place of tagging persons you are chasing, step on their shadow instead.

### Sun Photography

Go on a walk and collect an assortment of interesting leaves. Then at home, everyone can help arrange the leaves in interesting patterns on dark-colored construction paper. Place the leaf arrangements in a bright, sunny window. After a few days of bright sunshine, remove the leaves and see what the sunlight has created on the paper.

### Shadow Performance

Hang a sheet across a doorway. Put a light behind the sheet. Then each family member can take a turn having fun by creating different shadows while standing between the light and the sheet. The "audience" can sit in front of the sheet to watch the performance.



## Visit Your Community Library

Here are some books you can check out on your next trip to the library

- ◆ **Shadows And Reflections** by Tana Hoban
- ◆ **I Have A Friend** by Keiko Narahashi
- ◆ **Shadowgraphs Anyone Can Make** by Phila H. Webb and Jane Corby