



## Game Day

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In the book **Game Day**, NFL superstar twin brothers Tiki and Ronde Barber share the story of how, as youngsters, they learned that success is built on team effort. In following athletes train for, play and enjoy a variety of sports, we learn that every player on a team has a special role in contributing to the success of the group.

**Here are several activities you and your child can do together after watching this episode.**

### Sports Collage



You will need:

- magazines containing pictures of people engaging in all sorts of indoor and outdoor sports activities, the sports section of newspapers, catalogs that have a sports equipment section
- scissors and glue
- large piece of paper or poster board for mounting pictures

Make a sports collage – cut and paste pictures of athletes and sports equipment from magazines, newspapers, and catalogs. (It's not important to choose well-known professionals.) Look for sports that have child participants as well. Be creative! Cut the pictures in unusual designs and experiment with unique arrangements before gluing.

### Invent a game

You will need:

- boxes of different shapes and sizes (empty boxes for cereal, Jello, crackers, etc.)
- cardboard rolls
- plastic margarine tubs
- plastic bottles
- string, glue, tape
- junk mail scrunched into a ball
- almost anything!



Gather a collection of items that would normally be recycled or discarded and invent a family game using them for equipment. Use your imagination in deciding the rules of play and how the game is scored -- make rules for team play as well as individual competitors. Pack all the game equipment in a box or bag along with a copy of the rules so that the "\_\_\_\_\_ Family Game" can be enjoyed over and over.

### Get to know a sports hero

- Have everyone in the family name their favorite sports figures.
- Go to the library and check out biographies of these favorite athletes.
- Read to find out where they came from, what their childhood years were like, how they got started in their sport, any obstacles they overcame, and other interesting facts.



### Visit Your Community Library

Here are some books to check out on your next trip to the library

- ◆ **The Blue Ribbon Day** by *Katie Couric*
- ◆ **Winners Never Quit** by *Mia Hamm*
- ◆ **Pecorino Plays Ball** by *Alan Madison*

